**Plymouth School District   
Team & Individual Sports   
Classroom Expectations and Guidelines**

**Important information you need to know:**

* You are all given a lock. The most important thing is to USE it. Be sure to lock up all personal belongings. If you don’t, you run the risk of having something “walk off.”
* **Important:**  If you are not able to participate, you are allowed **one**parental excuse and then I need to see a written doctor’s excuse. Completion of course requirements for students with extenuating circumstances will be dealt with on and individual basis.
* Students may earn anywhere from 1 to 4 points each day. These points are awarded for learning, effort, behavior, participation and dress according to the rubric below.
* **ABSENCES**: Every absence after the 5th absence, you will lose 4 points. **You may make up the classes you have missed due to absence.** These classes can be made-up in the weight room only. This can be done either before or after school. Up to 2 class periods can be made-up in one day.

**GRADES BASED ON:**

1. **PARTICIPATION *(100% OF TOTAL GRADE)*:** Each day students can earn 1 - 4 points. These points are awarded for dress, effort, behavior, and participation. Students may earn anywhere from 1 to 4 points each day. Every absence after the 5th absence, you must make up to earn your points. These classes can be made-up in the weight room only. This can be done either before or after school. Up to 2 class periods can be made-up in one day.

**GRADING SCALE:**

|  |  |
| --- | --- |
| A | 95-100 |
| **A-** | 93-94 |
| **B+** | 91-92 |
| **B** | 87-90 |
| **B-** | 85-86 |
| **C+** | 83-84 |
| **C** | 79-82 |
| C- | 77-78 |
| **D+** | 75-76 |
| **D** | 71-74 |
| **D-** | 69 -70 |
| **F** | 68. 9AND BELOW |

**Grades will be based on the following Rubric:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **4** | **3** | **2** | **1** | **0** |
| **Uses appropriate skills required by Unit targets** | **Uses some of the appropriate skills required by Unit targets** | **Participates using limited skills required by Unit targets** | **Participates without using Unit targets** | **Does not participate** |
| **Demonstrate responsible personal and social behavior in physical activity settings**   * **Appropriately dresses for activity per classroom expectations** * **Makes choices based on the safety of self and others** * **Applies rules, procedures and etiquette of the class** * **Works cooperatively with a group** * **Works independently to accomplish a goal** | **Demonstrates some personal and social behavior in physical activity setting** | **Demonstrates limited personal and social behavior in physical activity setting** | **Participates without appropriate personal and social behavior in physical activity setting** | **Does not participate** |